

Welcome to



**Great Food, Great Times, Great Views
Open all year**

All our food is prepared, cooked and served by the Rosie's team, using lots of fresh ingredients and the best suppliers. Please ask to speak to a manager if you have feedback for us.

How to order

Please order at the bar - you'll need your table number. If you're sitting outside we'll give you one.

Drinks will be served immediately at the bar and your food will follow as fast as we can get it to you!

Please note

If you are part of a group but ordering individually, please let us know

We want everyone to enjoy the Rosie's experience, and have created a menu that has something for everyone.

One of the most commonly asked questions is about our chips – they are cooked in vegetable oil and in their own fryer, so are totally gluten free and Vegan-safe.

FOR THOSE WHO ARE GLUTEN FREE,

we offer a fish batter, pizza base, panini and bread for you to enjoy all the Rosie's favourites - just let us know when you order! Lots of our sweet treats are GF too - winning!



PLANT BASED Our vegan burgers are firm faves, and the veg chilli, med veg pizza and chicken-less nuggets will all hit the spot. We have lacto-free and vegan cheese, vegan ice-cream, ice lollies and a range of dairy-free milks.



We also have a wide selection of cakes and ice creams to suit GF, vegan and lactose free diets.

Our kitchen may use celery, eggs, milk, lupin, cereals and glutenous products, crustaceans, molluscs, nuts, peanuts, mustard, sulphities, soya, and sesame seeds. Whilst there is minimal risk of cross contamination, it is impossible to fully guarantee the absence of these allergens in any of our food, or fish bones in any of our fish dishes. Please speak to a member of staff for further allergens advice.

NUT ALLERGENS - the only products used in our kitchens that contain nuts are basil pesto, peanut butter, wrapped sweets such as Kinder Bueno and Snickers bars, and our fresh cakes, which may change on a daily basis. As with all allergens, although we do not use nuts as an individual ingredient, we cannot guarantee 100% nut free dishes as some of our ingredients come from producers/factories that may contain nuts.

- GLUTEN FREE
- GLUTEN FREE OPTION
- VEGETARIAN
- VEGAN
- VEGAN OPTION
- VEGETARIAN OPTION

SERVED UNTIL 12PM

MINI BREAKFAST **£5.25**

1 sausage / veggie sausage or bacon, beans, waffle, fried egg & toast.

ROSIE'S BREAKFAST **£6.95**

2 bacon, butcher's sausage, fried egg, baked beans, potato waffle, mushrooms & toast.

ROSIE'S VEGGIE BREAKFAST **6.55** (V)

2 Linda McCartney veggie sausages, fried egg, beans, potato waffle, mushrooms & toast.

THE BIG DADDY BREAKFAST **£9.45**

3 bacon, 2 butcher's sausage, 2 fried eggs, double beans, 2 potato waffles, mushrooms & 2 rounds of toast.

BLT **£5.00**

Hot smoked back bacon on crisp lettuce & fresh tomato.

VICKO'S SUNBEAM BREAKFAST **£4.75** (V)

2 potato waffles, baked beans & a fried egg.

Something Smaller

SMOKED BACK BACON

FRIED EGG (V)

BUTCHERS SAUSAGE

LINDA MCCARTNEY SAUSAGES (V)

ADD EXTRA BACON | SAUSAGE | EGG
FOR £1.20

ALL £4.20

Served on your choice of granary or white bloomer or brioche bun. GF Available

BEANS ON TOAST **£3.95**

Add cheese **£1.00**

BUTTERED TOAST **£1.35**

With jam, marmalade, peanut butter or Marmite **£1.45**

BUTTERED TOASTED TEA CAKE **£2.00**



Hot Fresh Waffles

WAFFLE STACK (V)

£5.45

Plain waffle served with butter & maple syrup.

BACON WAFFLE STACK

£6.75

Smoked bacon with lashings of maple syrup.



Classics

ROSIE'S FAMOUS FISH & CHIPS (SERVED FROM 12)

Homemade crushed peas & tartar sauce.

£10.50

WHOLETAIL SCAMPI & CHIPS

Dressed salad, lemon wedge & tartar sauce.

£10.50

HOMEMADE BEEF OR VEGGIE CHILLI

Rice or jacket potato, cheese & nachos.

£9.50

THAI STYLE FISH CAKES

Dressed salad & chips.

£9.50

CHUNKY CHICKEN & DIPS

Fried chicken breast chunks, chips, salad & dips.

£9.75

WEST COUNTRY HAM, EGG & CHIPS

£9.50

New Summer Salads

CLASSIC CAESAR



£8.00

Romaine leaf, shaved Parmesan, anchovies & croutons.

WITH CHICKEN & SMOKED BACON

£11.50

SPICY LITTLE PIG

£10.00

Chorizo, baby roquito chilli peppers, fresh mango slices, mango & chilli dressing.

SQUEAKY BEET



£10.00

Grilled halloumi, beetroot, roasted peppers, toasted chickpeas, spring onion & house dressing.

MOROCCAN FLAVA



£10.00

Sweet potato falafel, grilled courgettes, olives, baby roquito chilli peppers, cherry tomatoes & balsamic.

THE BIG GREEK



£8.50

Feta, cucumber, cherry tomatoes, olives & house dressing.



ROSIE'S BEACHSIDE BURGERS



All burgers come with tomato and lettuce in a toasted brioche roll. Our 6oz burgers are handmade from 100% local steak mince to our secret recipe.

BEEF

ORIGINAL

Rosie's relish & mayo.

£7.25

ADD CHEESE

£1.00

ADD SMOKED BACON

£1.00

SPECIALITY

ZULU

Beef burger, cheddar, chilli jam, rocket & roasted red peppers & mayo.

£8.50

BBQ PULLED PORK

Beef burger, cheddar, rocket & BBQ pulled pork.

£9.50

CHICKEN

CHICKEN FILLET

Chicken breast & mayo.

£8.25

CAJUN CHICKEN

Cajun dusted chicken breast & mayo.

£8.50

VEGGIE & VEGAN

All burgers come with tomato and lettuce in a toasted brioche syle roll.

If you would like to swap vegan cheese for cheddar, let us know when you order.

THE PLANTASTIC



£8.25

Moving Mountain B12 burger, Rosie's relish, vegan cheese & vegan mayo.

CLASSIC SUPREME



£7.75

Vegan escalope with salad, vegan cheese & vegan mayo.

SUPER GREEN BURGR



£7.75

Quinoa, spinach, kale & ginger patty vegan cheese & vegan mayo.

ADD CHIPS OR AN EXTRA BURGER - £1.95

ALL BURGERS CAN BE MADE SKINNY - REPLACE YOUR BUN WITH A BIG SALAD

White Wine

	125ml	250ml	Bottle
CHARDONNAY, FRANCE Soft peach, pear, melon & lemon peel.	£4	£6	£16
PINOT GRIGIO, ITALY Light & dry with mellow orchard fruit.	£5	£6.5	£18
SAUVIGNON BLANC, NEW ZEALAND Juicy & zingy gooseberry, passion fruit & apple.	£5.5	£7	£20

Red Wine

	125ml	250ml	Bottle
SHIRAZ, SOUTH AFRICA Rich & punchy with hints of dark fruit & sweet spice.	£4	£6	£16
MALBEC, ARGENTINA Velvety, with Black Forest fruits.	£5	£6.5	£18
MERLOT, CHILE Easy drinking with flavours of plum, blackberry & sandalwood.	£5.5	£7	£20

Rosé

	125ml	250ml	Bottle
ZINFANDEL BLUSH, USA Sweet strawberry, pomegranate & watermelon flavours.	£5	£6.5	£18

Sparkling

	200ml	Bottle
PROSECCO, ITALY Crisp & refreshing with mouth filling fizz.	£6	£21

ABV may vary with vintage, please ask for current ABV.

NO ALCOHOL. NO COMPROMISE.

We have selected some great alcohol free beers, ciders & spirits so you can have a great refreshing drink without alcohol & without compromise.

SAN MIGUEL 00 Alcohol free Spanish lager – 330ml	£3.5
BREWDOG NANNY STATE Alcohol free Craft Beer – 330ml Abv 0.5	£3.7
ERDINGER Alcohol free Wheat Beer - 500ml abv 0.5	£4
OLD MOUT BERRIES & CHERRIES Alcohol free fruit Cider	£4
SEEDLIP & SODA A 25cl serving of Seedlip Grove 42 distilled non alcoholic spirit served over ice with a Fever Tree soda and an lime wedge.	£5.5
SEA ARCH & TONIC Sea Arch is a new product made here in the Southwest, It has all the deliciousness of gin, but none of the alcohol. Served with a Fevertree Classic tonic and a slice of grapefruit.	£5.5



BEERS AND CIDERS

Draught

COORS LIGHT Abv 4.2% The world's most refreshing beer.	£4.3
WOLF ROCK IPA Abv 4.8% Cornish Red IPA from Noble and New World hops.	£4.4
ORCHARD CRAFT CIDER Abv 4.5% The signature Cornish craft cider from Sharps Brewery in Rock.	£4.3

OFFSHORE PILSNER 330ml (Rock) Abv 4.8% Local brew named 'World's Best Lager' at the World Beer Awards 2013.	£4.5
---	------

Bottled Beers and Cider

SOL 330ml Abv 4.5% Classic summer lager.	£3.5
DAURA DAMM GF BEER 330ml Abv 5.4% the world's most award-winning gluten-free beer.	£4
JUBËL 330ml Abv 4% A natural peach lager, made in Cornwall.	£3.8

DOOMBAR 500ml (Rock) Abv 4.3% Lightly malted with a subtle bitterness.	£3.8
--	------

GUEST LOCAL ALES & BEER A selection of constantly changing offerings from some fantastic local suppliers.	£4
---	----

REKORDALIG FLAVOURED CIDERS 500ml Abv 4%	£4.5
---	------

SPECIAL GIN & TONIC

We have a fantastic range of flavours from local & not so local suppliers made in small batches, all served with a 25ml measure, a Fevertree tonic in a balloon glass with plenty of ice and a garnish to finish.

Choose from

- Cotswold award winning dry gin Abv 46%
- Raspberry & Rhubarb Abv 38%
- Blackberry & Honey Abv 38%
- Strawberry & Lime Abv 38%
- Violet Abv 41%
- Plus Guest Gins.



All coffees are served with a double shot of espresso & milk of your choice:

Cornish full, skimmed, soya, oat, coconut (all at no extra charge).

Fresh ground decaffeinated coffee available.

Just let us know when you are ordering

Hot Drinks

FILTER COFFEE	£1.90
LATTE	£2.65
CAPPUCCINO	£2.65
FLAT WHITE	£2.55
ESPRESSO	£1.85
AMERICANO	£2.50
MOCHA	£3.25
CORNISH SMUGGLERS TEA	£1.80
HERBAL TEAS	£1.95

Decaf, Earl Grey, Rooibos
Peppermint, Lemon verbena,
Red berry, Green, Chamomile.

HOT CHOCOLATE 	£3.00
MINT HOT CHOCOLATE 	£3.20
TURKISH DELIGHT HOT CHOCOLATE 	£3.20
WHITE HOT CHOCOLATE 	£3.20
CHAI LATTE 	£2.95
SYRUP Hazlenut, Caramel, Vanilla	50P
ADD CREAM & MARSHMALLOWS	60P

100% Fresh Fruit Smoothies ALL £3.85

RASPBERRY HEAVEN

Raspberry, Blueberry,
Mango & Apple.

BERRY BURST

Blueberry, Blackberry,
Blackcurrant & Banana.

GREEN REVIVER

Curly Kale, Lemongrass,
Banana & Mango.

PINEAPPLE SUNSET

Pineapple, Mango & Papaya.

COCONUT CRUSH

Pineapple & Coconut.

Please see board for our
smoothie special

ALL £3.50

Coffee Frappe

Espresso, ice & milk blended
together with a choice of syrup.

Choose from
Hazlenut, Caramel,
Vanilla, Mocha.

Softies

COKE, DIET COKE, DR PEPPER & LEMONADE	£1.60
SAN PELLEGRINO ORANGE OR LEMON	£1.90
APPLE OR ORANGE JUICE	£1.75
APPLETIZE	£2.60
BELVOIR CANS Elderflower Ginger Beer Raspberry Lemonade	£2.60
J20 - Apple & Mango, Orange & Passion Fruit, Apple & Raspberry	£2.60
CANO WATER Sparkling & Still	£1.50
FRUIT SHOOT	£1.00



Marvellous Milkshakes

Served thick, made with ice cream & 

STRAWBERRY / CHOCOLATE / VANILLA	£3.00
FRESH BANANA / OREO COOKIE / MARS / SNICKERS / GALAXY CARAMEL / CRUNCHIE / MINT AERO / KINDER BUENO	£3.50

ADD WHIPPED CREAM AND A FLAKE 50P

Wood Fired Pizzas

Pizzas

OUR FAMOUS SUPER THIN SOURDOUGH BASES GENEROUSLY TOPPED AND COOKED IN OUR WOOD FIRED OVEN.

PEPPERONI £10
Mozzarella, pepperoni & red onion.

HAWAIIAN £10
Mozzarella, pineapple & ham.

BBQ CHICKEN £11
Oven roasted chicken, smoked bacon, mixed peppers, red onion with a BBQ base & mozzarella.

MEAT FEAST £12
Chorizo, pepperoni, bacon, chicken, ham & mozzarella.

MAKE IT SPICY £1

CHORIZO SAUSAGE £12
Mozzarella, chorizo, fresh chilli, parmesan & rocket.

MARGHERITA (V) £9
Mozzarella, cherry tomatoes & fresh basil.

4 CHEESE (V) £11
Mozzarella, cheddar, brie & goats cheese.

GOATS CHEESE (V) £11
Goats cheese, caramelised red onion chutney, pineapple, mozzarella & rocket.

BILLY BOY (V) £11
Peppers and onions, courgette, goats cheese, rocket & fresh chilli.

MED VEG (V) (VG) £10
Spinach, olives, mushrooms, red onion and cherry tomatoes, drizzled with garlic & chilli oil.

ADD CHEESE OR VEGAN CHEESE £2

Chips & Nachos

MESSY CHIPS TO SHARE (VO) (V) £9.00
Beef or veggie chilli, jalapeños & cheese.

DIRTY CHIPS TO SHARE £9.00
Pulled pork, jalapeños, BBQ sauce & cheese.

CLASSIC NACHOS TO SHARE (V) (VO) £9.00
Melted cheese, jalapeños, guacamole, salsa & sour cream.

BEEF OR VEGGIE CHILLI NACHOS TO SHARE £9.00 (VO) (V)
melted cheese, jalapeños & sour cream.

Flat breads & Sharers

19

Flat breads

HAND STRETCHED SOURDOUGH BREAD TOPPED WITH SOME AMAZING COMBOS. COOKED TO PERFECTION IN OUR WOOD FIRED OVEN.

ROSIE'S CLASSIC FLATBREAD (V) (VG) £5
Our signature salt & herb blend, finished with olive oil.

ROASTED GOAT (V) £6.5
Goats cheese, roasted red pepper & caramelised onion jam.

THE ITALIAN (V) £6.5
Basil pesto, sun blushed tomatoes, fresh rocket & Parmesan.

SPICY CHEEZE (V) £6.5
Baby roquito chilli peppers, mozzarella, garlic oil, fresh rocket & chilli jam.

Sharing boards

MIXED CHARCUTERIE PLATTER £12
A generous selection of cured meats. Served with Rosie's classic flatbread, hummus, pickles, olives and oil.

THREE WESTCOUNTRY CHEESES (V) £12
Cornish brie, Cornish smoked Cheddar and Exmoor Stilton. served with Rosie's classic flatbread, hummus, pickles, olives and oil.

GO BIG AND GET A MIXED MEAT AND CHEESE PLATTER
FOR AN EXTRA £4.50

For the little pixies

PIXIE HAT SANDWICH & CRISPS
(Cheese (V) or ham)

ALL £3.95

MINI BURGER & CHIPS

MINI CHICKEN BURGER & CHIPS

SAUSAGE/VEGGIE SAUSAGE & CHIPS

CHICKEN BREAST CHUNKS & CHIPS

FISH GOUJONS & CHIPS

MAC N' CHEESE (V)

CHICKEN-LESS NUGGETS & CHIPS (VG)

CUCUMBER & TOMATO PLATE £1.00

MEAL DEAL
ADD VEG STARTER
& ICE CREAM
FOR £2



Sandwiches & Sides

19

SERVED UNTIL 4PM

① Choose your filling....

THE CRAN-BRIE

Bacon, brie & cranberry.

CHICKEN & BACON

Chicken & bacon, mayo & salad.

CHEESE PLOUGHMANS (V)

Classic cheese, pickle & salad.

ROCKET MAN (V)

Brie, roasted red peppers & fresh rocket.

HOT CHICK

Chicken, Cheddar & chilli jam.

PLAIN JANE

Classic ham & cheese.

HUNTERS CHICKEN

Chicken, bacon, cheese & BBQ sauce.

BUDE'S BEST TUNA MELT

Tuna mayo, caramelised onions & cheddar cheese.

② Choose your carb...

WHITE OR GRANARY

BLOOMER **£6.50**

PANINI **£7.00**

GF PANINI **£7.50**

JACKET POTATO **£7.50**

All served with
salad, crisps and
coleslaw

On the side...

CHIPS (V) (VG) (GF)	£3.00 / £4.00
CHEEZY CHIPS (V) (GF)	£3.50 / £4.50
ONION RINGS & BBQ SAUCE (V)	£3.50
BBQ SAUCE/CURRY SAUCE (V)	£1.00
COLESLAW (V) (GF)	£3.00
HUMMUS & BREAD (V) (VG)	£6.50
MIXED OLIVES (V) (GF)	£3.50
ROCKET & PARMESAN SIDE SALAD (V) (VGO)	£3.50

Sweet Treats

PEANUT BUTTER STACK (V)

Sweet & salty peanut butter crunch, milk chocolate & caramel, layered with chocolate brownie, drizzled with toffee sauce and a scoop of Cornish vanilla ice cream.

£5.95

ROCKSLIDE BROWNIE (V)

Goey chocolate brownie topped with pecans, caramel sauce & brownie peices served with Cornish vanilla ice cream & drizzled with toffee sauce.

BANOFFEE SPLIT (V)

Fresh banana split in two, Cornish vanilla ice cream lashings of toffee sauce, whipped cream & Galaxy caramel chunks.

LEMON MERINGUE SUNDAE (V)

Vanilla ice cream, lemon curd meringue pieces & a whip of cream.

TOFFEE CRUNCH SUNDAE (V)

Toffee fudge ice cream, honeycomb chunks, toffee sauce & whipped cream.

Hot Fresh Waffles

CHOC'O' WAFFLE (V) **£5.75**

Drizzled with chocolate sauce & a scoop of chocolate ice cream.

CHOC'O'NANA WAFFLE (V) **£5.95**

Vanilla ice cream & fresh banana slices with lashings of chocolate spread.

BANOFFEE WAFFLE (V) **£5.95**

Toffee fudge ice cream & fresh banana, smothered in toffee sauce.